

Welcome to Toronto Metropolitan University

My name is Samantha and I'm your student recruitment officer from **Toronto Metropolitan University**. At Toronto Metropolitan University we're dedicated to creating a culture of action. We believe that education and experience go hand-in-hand. What our students learn in the classroom is enhanced by real-world knowledge through internships, co-ops and placements, or amplified through zone learning, specialized minors and graduate programs like our Lincoln Alexander School of Law.

Although I won't be able to be in-person with you during this year's Alberta OOP, you can still [email me](#) to book a virtual appointment.

Our Programs

We offer over 100+ undergraduate and graduate programs at Toronto Met, from Journalism to Biomedical Sciences to Business Management. Browse through our 60+ undergraduate degrees categorized into six undergraduate faculties on our [Programs website](#). You can also search programs by co-op options.

Interested in applying?

Check out our [Alberta admissions requirements website](#) for details on prerequisite information before putting in your application, with details on our [How To Apply website](#). If you have any questions, feel free to email [Samantha Sobolewski](#), your **Alberta recruitment contact**.

Your action items

Stay connected by signing up for [our mailing list](#). Register for our **Out Of Province Applicant Webinars** on Monday, October 14 or Monday, December 4 through our [Future Student Events](#) website. Coming to Toronto? [Register for a campus tour](#) to see our metropolitan location, or join us for our **Fall Open House** on Friday, November 17th.

Other helpful links

- Book a meeting with an [Engineering recruitment officer](#)
- [Indigenous Student Services](#)
- Discover [Campus Life](#), including residence, student groups and clubs, equity-deserving student supports and more
- Follow us on [Instagram](#) or [TikTok](#)
- Connect with [Samantha](#), your Alberta recruitment representative